

# NED'S KINDNESS adventure™



## Grades 3-6 Assembly Recap

### summary

The Kindness Adventure assembly is coming to your school! To make the most of the powerful message, we encourage you use this lesson plan AFTER the assembly. Help inspire your students to be kind-hearted and open to friendship with other kids at your school.

### themes

**Kindness Culture**      **Respect Kenya**      **Preventing Bullying**      **Acceptance**

### key vocabulary

**Culture** – language, customs, habits of a particular group of people. Examples: what people usually eat, kind of houses they live in, ways they celebrate, etc.

**Diversity** – quality or state of having many different forms, types, ideas, races and cultures.

**Respect** – positive feelings of deep admiration, elicited by their abilities, qualities or actions

**Acceptance** – favorable reception, approval, favor

**Kindness** – quality or virtue of being friendly, generous, and considerate

### after the assembly

### discussion questions

**1. Why is the assembly called 'Kindness Adventure?'** Answers will vary as kids retell the story. NED accepted an invitation to visit a land far away – Kenya. It was a little scary because he didn't know much about Kenya and it seemed so different from what he was used to. NED learned that his adventure to Africa was nothing to fear – even though the land, the food, the clothing and the people were different – they all had something in common that made it very easy – a smile and other acts of kindness.

**2. What made NED afraid before he went to Africa? What was he afraid of?**  
**Did he have reason to be afraid? Why or why not?** NED told his friends and they weren't very encouraging because things would be very different. Examples: sleep on dirt floors, eaten by a lion, food is not good, too hot, dress different, and talk weird, dirty drinking water. NED was afraid of things that were different but he learned that some differences can be celebrated not feared.

**3. What are some things you are afraid of because they are different? Are you different from others? Do people treat you differently because you're different? How do you treat others who are different? Is different bad?**  
**Why or why not?** Answers will vary. Sometimes we are afraid of new things but different can be a really good thing. It's important to grow and learn new things and keep an open-mind. We are ALL different in some way.

after the assembly,  
continued

## discussion questions

4. **Discuss when differences can be a good thing and when differences could be a bad thing.** Discussions will vary. Differences can be good but there are times when being different can be a danger, such as in a situation where there is a difference in respect or appropriate behavior expectations. Lead the discussion to bullying issues that may exist at your school if appropriate.
5. **Sometimes differences are based on culture. What is culture?** “Culture” – language, customs of a particular group of people. Examples: what people usually eat, how they dress, the kind of houses they live in, ways they celebrate, etc.
6. **How could kindness prevent bullying at your school?** Answers will vary
7. **Demonstrate the “sticks in a bundle” statement made by the Kenyan kids in the video.** Note: There is a writing activity below that you might consider doing before this discussion so that each student has the opportunity to do their own thinking.) Each of us is one of these sticks. When we are by ourselves – we are limited to what we can do – we don’t have much strength and we can easily be broken. But if we work together – put all the stick together in a bundle – we have more strength and power. We are not easily broken. What are some things we do at school that are better when done together as a group? Provide examples such as when we see one child alone, being picked on or bullied, we could gather around– it becomes harder to be a victim to bullying if we stand together against bullying.
8. **The song said “You’ve got a super power when your smile.”** What does that mean? Answers will vary. Smiles are powerful because they can be change agents. They can change moods, actions, words, feelings. Try it! Smile and what happens – someone smiles back at you.
9. **NED learned 5 big lessons on his adventure? What were they?** Discuss what each one means to your kids and how they can do it during the school-day. Consider choosing 1 per week to focus on and encourage your kids to share ways they did it around school and home.

caring is cool  
include others  
I can Make Friends Anywhere

Each person matters a lot  
Different can Be Good

## writing prompts

### DIVE DEEPER

What did Lynn mean in the video when she said “While there are many differences here, we are all Kenyans. We have a saying “sticks in a bundle are unbreakable.”



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## Writing prompts, continued

### EXPOSITORY ESSAY

Write an expository essay to explain one of the lessons NED learned while in Kenya

caring is cool

include others

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Each person matters a lot

Different can be Good

PURPOSE – To explain

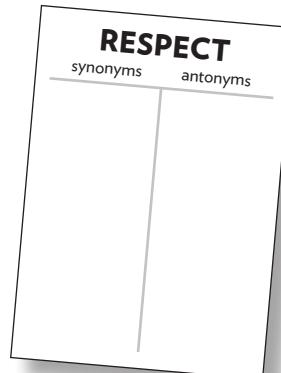
INTRODUCTION – main idea, reason or purpose for writing, interesting enough for someone to read the rest of your writing after reading your introduction.

BODY – supporting paragraph(s) with ideas, details and examples.

CONCLUSION – restate the purpose. Make an ending statement that makes the reader think about what you are saying and how it might impact their actions.

### SAME AND DIFFERENT: WORD STUDIES

Divide the class into 4 groups. Give each group a different paper with one of the following words on it: Compassion, Respect, Acceptance, Kindness. Allow 45-90 seconds for each group to record as many antonyms and synonyms for each word without duplicating what is already on the list. Pass the sheets and repeat with a new word until all groups have seen each sheet. Share and discuss their work, having students explain, defend, challenge their meanings and come up with the best list of synonyms and antonyms to help explain what these words mean and don't mean. Post your final words in the classroom for behavior expectation reminders.



## research

### LEARN MORE ABOUT KENYA

Make a list of four new things you want to learn about Kenya. Use books and websites to find the answers. Share with your class and learn more about Kenya all together.

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### ADVANCED RESEARCH

The Kindness Adventure team occasionally funds wells in Kenya bringing clean water to kids.

Visit [www.kindnessadventure.com/water.html](http://www.kindnessadventure.com/water.html) to learn more. See if you can also research more about other clean water projects going on in Kenya. Work together as a team and prepare a group presentation that persuades others to help provide clean water in Kenya.

These sites provide more information regarding the water need in developing countries:  
**charitywater.org**  
**www.water.org**

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## activities

### MAKE YOUR OWN SOCCER BALL

Many kids in Kenya love to play soccer – with or without a brand new, shiny soccer ball. Try making your own soccer ball from plastic bags, strings and rubber bands and go play soccer!!! Are you smiling like they were in the video?



### PLAY A KENYAN GAME

Differences in geography, climate and resources dictate that children in different countries play different types of games. Many children in Kenya do not have access to expensive video games or other toys. Still, their games make for fun adventures that stimulate the imagination and promote exercise and laughter. Help your students make a game using resources found in nature – stones, shells, seeds, etc.

**Kigogo** is believed to be the oldest game in the world. You may have heard it called Mancala in other parts of the world but in Kenya it's called Kiogogo. To play you need to have small stones, beans or seeds and holes or little bowls. Often our school kids have used empty egg cartons to make the game. The game is played by moving stones around so that you capture more than your opponent. Look up the rules and create your own game board.



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# what I want to know about Kenya

Make a list of four new things you want to learn about Kenya. Use books and websites to find the answers. Share with your class and learn more about Kenya all together.



MY QUESTION:

THE ANSWER:

SOURCE (Title/Author):

Web Address:

Page Number:



MY QUESTION:

THE ANSWER:

SOURCE (Title/Author):

Web Address:

Page Number:



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