Elephants Connect
Intermediate Lesson Plans: Suggested for Grades 3-6

THEMES
Kindness
Caring
Protection
Expressing Feelings
Compassion
Communication

This lesson uses paired text (fiction and nonfiction) to start great conversations about communication and kindness. Like humans, elephants use verbal and nonverbal ways to communicate with each other. This lesson focuses on how words and actions can communicate feelings and deliver a powerful message of kindness to others.

PART 1: Fiction

Mud Bath
by Amy Kesler
8.5” X 11”
Black & white
Ideal for individual student use

Printable included on page 6.

PART 2: Non-Fiction

Elephants
by Steve Bloom
Mission: Elephant Rescue
by National Geographic Kids

PART 2: Non-Fiction Download—Elephant Fact Cards 2
Enhance your lesson with more downloadable resources from Kindness Adventure.
Check our NED’s Elephant Fact Cards to learn more interesting facts about elephants! This set of three cards will provide you with everything you need to know for the non-fiction part of this lesson.
www.KindnessAdventure.com/Resources.html

Caring is Cool Buttons
These cheerful buttons remind students that it is COOL to be kind, compassionate and CARING towards others.

Available on www.ShopNED.com

Caring is Cool Lesson Plans: Elephants Connect—Intermediate Lesson
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www.theNEDshow.com www.KindnessAdventure.com
Elephants Connect

PART 1: Fiction

Before Reading

1. Do elephants take baths? How is it the same or different from your bath?
   Answers will vary.

Read: Mud Bath by Amy Kesler

After Reading

NOTE TO TEACHER: Several of these questions will ask kids to share what they think they know about elephant facts. They might not know the correct response. Allow kids the opportunity to guess and share wild answers. NED’s paired nonfiction lesson “Elephants Connect” will provide the facts to confirm their responses as true or not!

1. Do you think elephants like to bathe in water or mud? Do elephants like water? Can elephants float and swim?

2. Look at the poem illustration, why does the elephant bathe in mud and then cover itself with dust?

3. Why do gray elephants often look like they are chocolate brown or red?

4. What 3 sounds did the elephants make in the poem? Why were there different sounds? What do you think the elephant trying to say with each different sound?
   TRUMPET: excited, happy
   RUMBLE RUUUM: content, soothing, relaxing.
   ROAR: danger, warning

Activity

Listen to Elephants
Sound of the African Bushveld, Elephants - https://www.youtube.com/watch?v=Hjx-S-6U9k0

5. Elephants often communicate in “soundless” ways. For example, they will kneel down to invite another elephant to play. What are some soundless ways that you could invite someone to play or be with you? Answers will vary.

6. Do you think elephants really cares if someone watches them bathe? Probably not, but they are protective. Why do you think the elephants wanted the safari jeep to go away? They want to keep their family safe – just like human families. The mom elephants protect their children just like human moms and dads.

7. What did the mom elephant do to protect or take care of her baby? Why did that work? How are elephant families and human families alike? Answers will vary.
Activity

Elephant Research
Consider having students work on research projects to learn more about elephants. What behaviors and habits do kids share with an elephant?

Writing Activities

Connecting My Feelings with Actions. Write about your feelings and actions. When you feel a certain way, what do you do? What do you say? What do you look like?

Showing Compassion and Care for Others. How do you respond to others? Complete the chart by filling in your actions and other non-verbal responses.
Read Non-Fiction Text:

Elephants, by Steve Bloom: pages 16-23, 40-43;
MISSION: Elephant Rescue, by National Geographic Kids: pages 50-51, 59, 71

After Reading:

1. How do you use your voice to show your feelings?
   Brainstorm a list of “feeling words”. Sort the words into categories and label them.

2. Just like people, Elephants make different sounds when they are feeling different emotions. Check it out!
ACTIVITY/AUDIO DOWNLOAD: Listen to audio of elephant sounds. What do you think the elephant is trying to say with each sound?
ACTIVITY: Make your best elephant sound. What are you trying to communicate?

3. Communication can sometimes be non-verbal. Explain and discuss. What are some ways that you communicate kindness (or unkindness) through non-verbal ways?

4. Discuss the different meanings of the words “care”.
   • To care for – meet needs, offer protection
   • To have a care – a worry, anxiety or concern
   • To show care – be concerned for
   How can we be more ‘caring’ at our school?

5. Elephants are often called “gentle giants”. What does that mean? Even if you are not big in size, how can you be a gentle giant at your school? Answers will vary

Writing Prompts:

Choose 1 and write a paragraph or 2 to explain or defend the statement:
1. Humans are a lot like elephants.
2. I want to be more like an elephant.
3. I would like to be called a “gentle giant”

Activities:

I Care in 3 Ways

Are you like an Elephant?
Compare your life with an elephant. Look for similarities in physical features AND social interactions. In what ways are you both kind, caring, protective and compassionate?
Home Connection:
Family Project!
Adopt an orphaned baby elephant from Kenya. When NED traveled to Kenya, the All For KIDZ® Kindness team adopted a baby elephant.

Learn more about The David Sheldrick Wildlife Trust and how you can help too. You will love the information and photos that they share each month and it can become a great family activity

www.SheldrickWildlifeTrust.org

Resources:
Look for more nonfiction books and videos about elephants. Help your students learn more about how caring and kind elephants are.
The time has come,
They’ve been waiting all day
Even while eating breakfast!
Even when trying to play!

The elephants know
When the trunks start to wave,
When the sun’s high in the African sky
That’s when the elephants bathe!

TRUMPET! TRUMPET!
Excited moms call in their babes

TRUMPET! TRUMPET!
Little elephants claim their favorite spot

TRUMPET! TRUMPET!
Move over, there’s room for us all!

TRUMPET! TRUMPET!
Call grandma, she almost forgot!

RUMBLE RUUUUM
Oh this dust is so nice

RUMBLE RUUUUM
Why, I haven’t seen you all day!

RUMBLE RUUUUM
How kind, I’d love a scratch!

RUMBLE RUUUUM
It’s lovely to wash the stress away.

ROAR! ROAR!
Draw close baby,
something is wrong!

ROAR! ROAR!
Someone’s coming,
we don’t know who!

ROAR! ROAR!
I see it! What could it be?

ROAR! ROAR!
We’re strong and we’re brave,
stay away you!

Up rolls a thing, a big metal thing.
It has wheels for feet
It roars and makes noise
Inside are more things,
with cameras and hats.

Why nothing but spies!
And they’ve spoiled our bath!

Let’s stomp our four feet
Let’s make our ears FLAP!

We’ll run off these creeps
For the scare that they gave;
They should know it’s impolite
To watch someone else bathe!

Mud Bath  By Amy Kesler
My Feelings

Connecting feelings with actions. Complete these sentences and write 2 more of your own choice.

1. When I feel happy, I ____________________________
   ____________________________________________

2. When I feel upset, I ____________________________
   ____________________________________________

3. When I feel discouraged, I ________________________
   ____________________________________________

4. When I feel satisfied, I ____________________________
   ____________________________________________

5. When I feel ________________________________
   ____________________________________________
   ____________________________________________

6. When I feel ________________________________
   ____________________________________________
   ____________________________________________

Go back through your list – which responses are verbal? Which are non-verbal?

<table>
<thead>
<tr>
<th>VERBAL</th>
<th>NON-VERBAL</th>
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**Personal Reflection:** Look back over the list. Which is the HARDEST for you to do? Write about why and what you can do to get better at it.

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**Other’s Feelings** | **Verbal Response** | **Non-verbal Response**
--- | --- | ---
He feels challenged |  |  
She feels lonely |  |  
He feels overwhelmed |  |  
She feels proud |  |  
He feels pushed away |  |  
She feels wronged |  |  
She feels left off the team |  |  

When you understand how someone else is feeling, you are compassionate and empathetic!
Make a list of 20 feeling sound words. When might you make that sound? Sort some of your feeling words into different boxes. Make 2 new boxes with your choice of feelings.

**List Feeling Words:**

1. ____________
2. ____________
3. ____________
4. ____________
5. ____________
6. ____________
7. ____________
8. ____________
9. ____________
10. ____________
11. ____________
12. ____________
13. ____________
14. ____________
15. ____________
16. ____________
17. ____________
18. ____________
19. ____________
20. ____________

**When I am SCARED, I...**

**When I am EXCITED, I...**

**When I am ANGRY, I...**

**When I am HAPPY, I...**

**When I am CONFUSED, I...**

**When I am NERVOUS, I...**

**When I am ____________, I...**

**When I am ____________, I...**
# I Care in 3 Ways.

Name ____________________________

How do you show you care? Add 3 examples with ideas for each way.

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<thead>
<tr>
<th>1</th>
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<th>3</th>
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<td>be concerned about someone or something</td>
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Adopting an Elephant

On a trip to Kenya in 2016, the All for KIDZ Kindness Adventure team adopted a baby elephant at the David Sheldrick Wildlife Trust Elephant Orphanage. We weren’t there 2 minutes before we all fell in love with all the baby elephants that we saw.

But one in particular captured our hearts in a way that inspired us to act with kindness. She was about 2-1/2 years old and loved to run and frolic with the other baby elephants. She was a happy elephant that day, but her story is one of great sadness.

Many of the elephants at the orphanage were rescued from places like Maasai Mara, Kenya where our team goes on safari and has seen herds of wild elephants. The elephants are a safari favorite and every herd had baby elephants.

We loved seeing the baby elephants romp and run, and play with each other. They looked just like preschoolers and kindergarteners at recess with the little ones tagging along with the bigger ones. We even saw pushing and shoving—those naughty elephants!. The babies will stay at the orphanage until they are 4-6 years old and weaned from the bottles. The keepers will help them transition back to the wild but there will always be a strong bond between the babies and their keepers. After all, an elephant has a great memory and will never forget.

Start your own kindness adventure by adopting a baby elephant. It will make a great school year project and you’ll get updates and photos of your elephant each month! Visit www.sheldrickwildlifetrust.org to learn more.