

Miles of Smiles

by Karen Kaufman Orloff and illustrated by Luciano Lozano

Themes

Kindness Kindness Adventure Power of a Smile **Encourage Others**



Can a smile start a kindness adventure? Follow the journey of one smile, as it makes stops at different places along the way until it links a whole community together and finally comes back home again. This heart-warming story opens the discussion to the power of a smile. How far can your smile travel?

Key Vocabulary

Kindness - wanting and liking to do good things and to bring happiness to others

Adventure - an exciting journey

Mope - a look on your face that shows you are unhappy or depressed. To move around slowly with head down because you are unhappy

Hope – to want something good to happen or be true

Soothe – to make feel better, calmer, less angry

Tricky Phrasing

Beam - to smile happily

Made him cross - made him angry

Brightens up his face - face changes from looking sad to looking happy



Before Reading:

- 1. Have kids describe a smile: corners of your mouth move up, make your lips in shape like bottom of a circle.
- 2. Why do you smile? Happy, cheerful, like something, laughing,
- 3. Is there power in a smile? What can it do? Answers will vary
- **4.** Make a list of ideas (As a whole class, a small group or individually). What happens when you smile? What can it do to others? EX: make others happy, cheer them up, show that I like them, Tells them I want to be friends, etc.

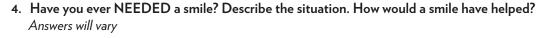
After Reading:

- 1. In the story, who started the smile adventure? Baby (to mom)
- 2. Who got the last smile on the smile this kindness adventure? Baby (from dog)
- 3. What happened when the smile was passed on? How did the smile change the way people felt? Made Sebastian beam, moping coaching of losing team got hope, Valerie's tears from hurt knee and missed goal changed to smile, angry boss cheered up, boy who was upset over broken train was soothed, Jen was sick and felt better, puppy made crying baby smile...



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- 5. How do you feel when you smile at someone and they smile back? Answers will vary
- 6. How could a smile encourage others? Tell about a time when you were encouraged when someone smiled at you. Answers will vary
- 7. How do you know when someone needs a smile? They look sad. They are alone. They are crying. They are angry. Answers will vary
- 8. What could you do at your school to start a Mile of Smiles or a kindness adventure?



My kindness adventure started with a smile. Today, I saw someone who needed a smile....

Write a creative story - What makes me smile.

Attach a photo of your smiling face and write a story (real or creative) about why you are smiling.



Smile Game

One student starts a smile and passes it on. Those 2 students go to 3rd student and pass smile on. All 3 go to 4th, all 4 go to 5th and so on and so on until entire class ends up at teacher's desk with a BIG smile. Practice with your class and then send them to recess to play the Smile Game outside. How many SMILES can they gather in one group?

Sing It!

Sing the Kindness Adventure's song "When you Smile". Download sheet music (if you have a keyboard and can play!) OR download sing-a-long version at: www.KindnessAdventure.com/Resources.html See lesson plan for lyrics too!

Home Connection

Hey Parents – snap photos of your kid's greatest smiles! Start a smile collage on your fridge. Remind kids OFTEN what their smile does to you by telling them "when you smile ----

Resources

I've Got Smile Power Buttons

SMILE POWER buttons are a great reward when students are kind and welcoming of others! Visit www.ShopNED.com







What happens when I smile?















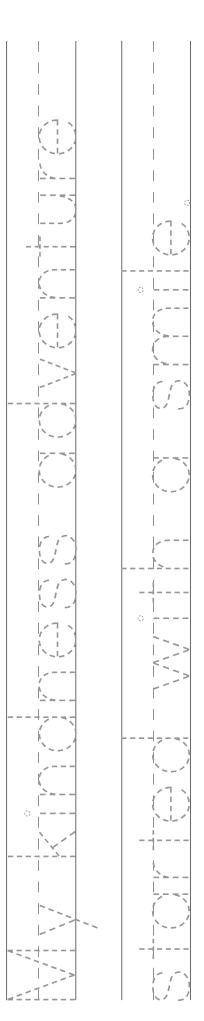






How does my smile make others feel?





WHEN YOU SMILE

Kindness Adventure™ Theme Song Lyrics

Download MP3 audio files and sheet music: www.KindnessAdventure.com/Resources.html



I know a secret To make the world a better place It's true in Kenya And right here in the United States

> It's a super power Hidden under your nose When you choose to let it shine The whole world glows!

CHORUS

When you see someone Who doesn't look like you If you smile you break down the wall You can find a friend brand new

Kids all over the world Come join this kindness ride We're all a little different But we're the same inside

CHORUS

Now you know the secret That kindness is the tool To make this world better Starting at your school

> Celebrate your differences You each have good to give Let's get this party started In the way we live

CHORUS

CHORUS

When you smile We feel it all around the world Every boy and girl You've got a super power when you smile

> (When) you smile We feel it all around the world Every boy and girl You've got a super power when you smile